

# **PACKING LIST**

## Clothing

- Casual shirts (short sleeves-no spaghetti straps)
- Casual shorts/jeans/capris (appropriate shorts need to be at your fingertips when your arms are down by your sides)
- Sneakers/tennis shoes with closed toe/closed heels are required for ropes course as well as most recreation
- Swim trunks, modest bathing suits, flip-flops, beach towel for lake

## Pillow sleeping bag or sheets (twin XL) sleepwear

#### **Personal items**

- Toiletries such as toothbrush, deodorant, body wash/shampoo, towel, etc.
- Personal medication: Tylenol, allergy meds, prescriptions etc. (Students taking prescription medications are free to take their medicine on their own. If you would like a leader to administer it, we can accommodate a staff member to do so.)
- Sunscreen bug spray

#### Bible, journal and pen

#### Reusable water bottle for the week

Spending money for Whistlers Outpost—drinks, apparel and souvenirs

Weapons, tobacco, alcohol or any illegal substances are strictly prohibited from campgrounds

### **Electronic devices**

Tablets, iPods and other MP3 players, personal gaming devices, etc. are allowed only in cabins, unless a leader allows additional use at their discretion. There is no Wi-Fi on property.

Cell phones may be brought and can be used at appropriate times. However, please note the cell phone coverage is very limited on the property.

